

Springwood Road State School

Sharing and Working Together



Newsletter

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FROM THE PRINCIPAL

Pie Drive
Pie Drive orders due tomorrow!!!!!!!!!!!!!!

Physical Education

Physical activity is a very important part of our school curriculum and necessary for the health and wellbeing of all children. If for some medical reason your child cannot participate in PE or sport sessions the school requires a signed note by parents in the short term and a medical certificate if this is to be a long term problem.

Disco

Thank you to all our parent helpers at the student disco on Friday night. It was a great night for all those who attended and some parents were very imaginative in creating the Whacky Hair worn by the children.

Springwood High

Today staff members of Springwood High paid their first visit to our year 7 students. We look forward to working with Springwood High and Rochedale High as our senior students prepare for their high school years.

Earth Hour

Saturday March 29

Turn off your lights and help save the planet

Parents across Queensland are being asked to join their children in supporting this year's World Wide Fund for Nature (WWF) Earth Hour on Saturday 29 March 2008.

People across the globe will be united in turning off their lights and any non-essential electrical appliances in their homes and offices between 8pm and 9pm.

The hour-long campaign to reduce greenhouse gas emissions shows how each one of us, by making small changes, can create big changes for our planet.

Schools across Queensland are already celebrating Earth Hour on the Friday 28 March.

Students and staff will be switching off lights, fans and air-conditioners during breaks and at the end of the day, as well as turning off equipment such as computers, printers, scanners and hot water urns when not in use.

On Saturday 29 March, it's the turn of Queensland parents to do the same at home and help combat the alarming problem of global warming.

If all Australian households turned off unused lights and appliances on standby at the power point, Australia's emissions would be reduced by at least 5 million tonnes per annum. That's the equivalent of taking 1.5 million cars off the road for a year.

Remember – be involved but do not turn off lights that affect safety or essential electrical appliances such as refrigerators.

The Minister for Education, Training and the Arts, Rod Welford, recently announced a statement on sustainability for all Queensland schools which will serve as a guide for schools to meet their environmental obligations.

If you would like to know more the [Statement on Sustainability for All Queensland Schools](http://www.education.qld.gov.au/publication/production/reports/) visit:

www.education.qld.gov.au/publication/production/reports/

For more information on Earth Hour, go to:

www.earthhour.org

Easter Break

I wish all our families a safe and happy Easter Break and look forward to seeing parents and grandparents at the Easter Bonnet Parade on Thursday afternoon at 1.30pm. I have heard we will have a special visitor that afternoon.



Lesley Vogan
Principal



Class & Individual Photo Orders due
FRIDAY 28 MARCH

18 March 2008

Newsletter in Brief...

- Pie Drive
- Physical Education
- Disco
- Springwood High School
- Earth Hour
- Easter
- Easter Bonnet Parade
- Easter Hunt
- Years 3 & 4 Sports Carnival
- Aluminium Can Collection
- Science of Spin / Yoyo orders
- Parade Awards
- Parent Hot Spot
- Photos due
- St Vincent de Paul
- 4 - 7 Sports Trials
- P - 3 sports Day

What's on...

21 March
Good Friday (Public Holiday)



24 March
Easter Monday (Public Holiday)

26 March
Track & Field Trials

1 April
Year 6 Conflict Resolution

2 April
3/4 Sports Carnival

3 April
Junior Sports Day

5 - 13 April
Autumn Vacation

14 April
Student Free Day

15 April
Term 2 commences

16 April
Conflict Resolution

17 April
4 - 7 Sports Day, Track Events

FROM THE DEPUTY PRINCIPAL

Easter Bonnet Parade

Our annual Easter Bonnet Parade will be held this Thursday at 1:40 pm in the parade undercover area. Children from PREP to Year 3 (Year 3 is optional) will parade their wonderful bonnet creations for all to see. We have also received word that the Easter Bunny will be attending this special event. All family and friends are welcome to attend.

Easter Hunt

On Thursday the Student Council will be holding an Easter Hunt at a cost of 50cents, paid on the day. Classes will be timetabled to participate throughout the school day. Students will receive a card with 6 spaces, they are to find Student Council members, who will be hiding in the playground, and get them to stamp a space on their card. When children have all six spaces stamped they are able to collect an Easter Egg and put their card into the draw to win one of four Easter Bunnies. The Easter Bunny prizes will be drawn out at the Easter Bonnet Parade.



All in Together Sports Carnival

On Wednesday, 2nd April Year 3 and Year 4 will be participating in the All in Together Sports Carnival at Underwood Park. They will participate in a day of fun and fitness against students from Springwood Central State School and Chatswood Hills State

Parent Hot Spot

So What About a TV in My Kid's Bedroom?

A very relevant topic for today as the smaller televisions are so cheap to buy. But while it is affordable, is it a worthwhile way to spend your money and will it be good for your child?

A recent article in the New York Times tells us that if we want to *keep our children healthy then we need to keep TVs out of bedrooms! Why?*

Your child will simply end up watching more television - and you won't even be aware. Why is this a problem?

A growing amount of research is telling us that children with TVs in their bedrooms are more likely to:

- Have sleep problems
- Score lower on school tests
- Snack more and be overweight
- Have a higher risk for smoking

So it seems that it is not just a matter of keeping an eye on **what** your children are watching - which is very important - but also **where** and **how much** they watch.

As I will remind all of us parents continually through this column - Little decisions by parents often have big consequences for our families!

Happy parenting!

Ros Green, Guidance Officer



School. Notes will come home to students today.

Aluminium Can Collection

Don't forget to bring in your aluminium cans from home. The collection bag is behind the large bin between the parent and staff car parks.

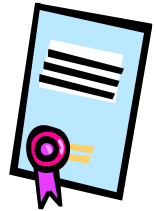
Science of Spin

Last Thursday we offered a free Science of Spin show as a reward for good behaviour displayed in Term 1. This week **you may choose** if you would like your child to purchase a Yoyo with part of the proceeds of these sales going to the school. Yoyos will be on sale in the office through the order form included in this newsletter.

Alisha LeBrese

PARADE AWARDS

P - 3 March 12	4 - 7 March 14
Lilly Nicholas Sarah Alicia Katana Nathaniel John Ebony Caitlyn Jayden Isabella Kyle Kaitlyn Lauryn Aeryn-Ann Destiny Kezia Solomona	Georgia Bridgette Meigan Callum Harry Rachel Shari Taylah Se Min Sarah Natasha Ryan



4 - 7 Sports Day Trials—Wednesday 26 March

Students should wear sports house colours. Please ensure your child has appropriate shoes, their hat and water bottle as they will be outside all day. Good luck everyone!

Session	High Jump	Shotput	Long Jump	100m & 200m
8.45-10.15	Border	Freeman	Perkins	Perkins
10.15-12.15	Freeman	Perkins	Border	Border
12.15-2.30	Perkins	Border	Freeman	Freeman

Morning Tea and Lunch at normal times.

P - 3 Sports Day—Thursday 3 April

All children should be wearing Sports House colours. They will also need appropriate footwear as well as hats and waterbottles.



YOYO ORDER FORM

Hyper Loop

_____ @
\$7.00ea

Auto Return Yoyo - Centrifugally activated clutch (much easier for young people to learn all the basic tricks, like the dribble - up & down - the sleeper, walk the dog and rock the baby)

_____ @
\$10.00ea

Blue Angel

_____ @
\$10.00ea

Stealth Raider - Butterfly shaped Yoyo with precision steel ball bearings for extra long spin time. Still easy for rank beginners to learn with, but because of the super long spinning time, is also a championship winning yoyo for players of higher skill.

_____ @
\$15.00ea

Spare Strings- like spare tyres on a car they will be needed. 2 strings in a pack

_____ @
\$1.00ea

Total amount enclosed \$ _____

Name: _____ **Class:** _____

St Vincent de Paul Society - Seeks Volunteers - Training Provided!

The St Vincent de Paul Society is seeking volunteers for the Stronger Families Program in the Brisbane South, Redlands, Logan and Gold Coast areas. As a volunteer you will be required to attend a comprehensive training course, fortnightly meetings and visit families weekly to support them on a wide range of issues in the family home. Such issues include, parenting skills, routines, budgets, cooking skills, behaviour management strategies etc. Experience is not necessary. Training will commence on Wednesday evening, 5:30 - 8:30pm, April 30, followed by 5 Saturday sessions, 9am - 4pm on May 3, 10, 17, 24 & 31. For more information visit www.vinnies.org.au/employment.cfm for an information package or call 3807 6623.

NEWSLETTER AWARD

My child **in class**

..... **gave me the Newsletter to read.**

Signed:



A letter to England

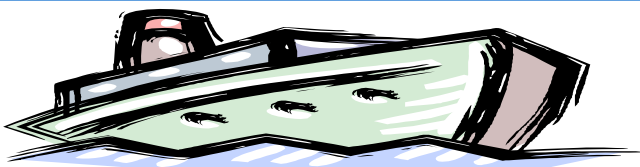
My life as a convict sent from Botany Bay

Botany Bay
NSW
March 1788

Dear Dad

The sea journey is rough. All I could see was ocean. It was dark and smelly and I am sick. It took eight months to get here. It was boring on the ship. When I arrived it was nice but some of the convicts were speared to death, but some got away. I was really sick when we arrived. It was really hot there. Some people got heat stroke. I was made to make roads nice and smooth. It was boring and my new house was good. I really hate my job. It's not fun. It's boring.

By William



Botany Bay
NSW
March 1788

I am a gardener. I plant fruit and vegetables and flowers. It is not that much fun at all. If we don't work we get whipped with nine lashes with metal on very hard rope. It made me sad. It really hurt. I haven't been whipped yet but I'm scared I will so I am really terrified at the same time, as other people got whipped. I'm so lucky that I'm not getting whipped. The aborigines keep stealing our food. It is so mean, we kept planting food and vegetables but it keeps happening and it was really rude.

By Meigan

Botany Bay
NSW
March 1788

Dear Mum

We are hot in New South Wales. My journey was horrible. We have to eat rotten food. Our meat is very hard and salty. Our water is very dirty. It comes from the sea. We do not have any privacy. It smells like vomit, very fishy, smelly and stinky stale air. For our toilets we have to use a bucket and it makes me vomit. When we sleep there's maggots, bugs and rats.

By Jovahn

Botany Bay
NSW
March 1788

When we arrived in Botany Bay all we could see was trees and plants and lots of animals. We went looking for fresh water and food. One day we saw one of the cattle dead with a spear in it. One day we saw these strange people. They were dancing around a fire. They had drawings in caves. One day we tried to speak to them but they did not understand us. We built our houses and cut down trees, we moved cattle somewhere else. When we didn't do our work we were whipped on the back. We felt unhappy everyday.

By Lindsay



4M