

# Springwood Road State School

Sharing and Working Together



## Newsletter

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### FROM THE PRINCIPAL

#### Respect

This fortnight we are concentrating on the value of Respect. Earning Respect from yourself is probably harder than earning respect from others. If you aim to be an honest caring person who accepts that everyone is different, always tries hard and is willing to share and help others, then living up to your aims can be very difficult. Don't give yourself too hard a time if you sometimes make mistakes. Mistakes are what we learn from. Earning respect from others is easy if you live by those values, because people will soon know that you are the kind of person who can be trusted to do the right thing. Behave in a caring way and respect other's rights to be themselves.

#### Conflict Resolution Training

For the next 4 weeks our year 6 students will be involved in Conflict Resolution Training. Each class will receive a one day training session and then children who work well in the session and exhibit positive attitudes towards the program will be offered a further day's training to become Peer Mediators. Parents will receive a further information lesson explaining the course.

#### P&C AGM

The P&C AGM is this Wednesday night at 7.00pm in the staff room. All parents are very welcome.

#### Free Dress Day

Free Dress Day this Friday - gold coin donation, **all proceeds** to go to the Bushfire Appeal in support of the victims of the Victorian Bushfires.

#### Calendar

Once again we are offering parents the opportunity to purchase a school calendar. This calendar lists many of the school yearly events as well as including general information on the organisation of the school. Calendars sell for \$3 and can be ordered by sending in the tear off strip below along with the \$3 or by dropping into the school office.



#### CALENDAR ORDER

I would like to purchase a school calendar for \$3

Parent Name \_\_\_\_\_

Student Name \_\_\_\_\_ Class \_\_\_\_\_



#### Meet the Teacher Night

Don't forget this Thursday night is Meet the Teacher Night. There will be two sessions, please complete and return the slip below.

**Session 1**  
**Session 2**

**6.30 – 7.15pm**  
**7.20 – 8.05pm**



I would like to access the free child minding session on Thursday February 12.

Parent Name \_\_\_\_\_ Emergency contact Number \_\_\_\_\_

**Lesley Vogan**  
 Principal

Child's Name	Session	Year Level



### 10 February 2009

#### Newsletter in Brief...

- **Respect**
- **Conflict Resolution**
- **P&C AGM**
- **Free Dress Day - Friday**
- **Calendar**
- **Meet the Teacher**
- **Class Photos**
- **Fruit Snack**
- **Interschool Sport**
- **Library News**
- **Parade Awards**
- **Swimming Carnival**
- **"Care for Yourself" Program**

#### What's on...

**11 February**  
*P & C Meeting, AGM*

**12 February**  
*Meet the Teacher Night*

**20 February**  
*Badge Presentation Parade*

**3 March**  
*Bravehearts, P - 3*

**5 March**  
*Anti-bullying Show*

**6 March**  
*Interschool Sport commences*

**10 March**  
*Junior Cross Country*

**11 March**  
*Senior Cross Country*  
*P & C Meeting*

#### DANCE CLASSES

Ausdance Classes after school will commence next **THURSDAY**.

Prep - Year 1 2:40 - 3:10pm  
 Year 2 & 3 3:15 - 3:45pm  
 Years 4 - 7 3:50 - 4:30pm

**From the Deputy Principal**  
**Value of the Fortnight**

RESPECT is the value that we are focussing on this fortnight. An important part of showing others that we respect them is to respect their ideas. Everybody's ideas are important to themselves. By respecting other's ideas and opinions we help to build a trusting environment with no fear of being put down. In respecting other's ideas we may not agree but we show that we have really listened to and understood what was said and respond in a positive way.

**Class Photos**

Class photos will be taken next week on Wednesday 18<sup>th</sup> February. All children will have their photo taken with their whole class and then have an individual portrait taken as well. Order forms, with a proof of your child's photo, will be sent home shortly after all the photos have been taken.

**Fruit Snack**

Many children eat breakfast early and find it quite difficult to maintain concentration until the 10:45am eating break. The whole school therefore includes a



**From the Library...**

**Student Loans**

In the table below are the borrowing limits for each year level.

Year Level	Borrowing Limit
Prep, 1, 2	1 book
3, 4, 5, 6	2 books
7	3 books



**Library Bags**

All students are encouraged to use a library bag or plastic to protect their books.

Year Level	Library Bag
Prep, 1, 2, 3	Compulsory
4, 5, 6, 7	Encouraged

**Lunchtime Activities**

Monday to Thursday the library and computer club are open at lunch time.

On Wednesday students can play a variety of board games. All other days children can come in to read, draw or chat quietly with friends.

**PARADE AWARDS**

P - 3	Year 4 - 7
<b>28.01.09</b> Jyvahn Tahnee Samira Hanalei <b>04.02.09</b> Madison Moses Kareen India Talliah Georgia Melita Curtis Amy Jake	<b>06.02.09</b> Tuihana Isabella Billy Aidan Tegan Georgia Gabrielle Tealan Kirstie Zoeigh Teleigha Amy



**Free to Good Home**

Hand reared, toilet trained baby rat with cage. See Ms Rogers.

**NEWSLETTER AWARD**

My child ..... in class

..... gave me the Newsletter to read.

Signed: .....



Fruit snack time into the first session of the day. During this time children continue to work and therefore the snack must be one that allows for this to occur. Some examples of snack food for this time include: banana, apple, grapes, carrot sticks, celery sticks or any other fresh fruit or vegetable that will not be messy and is fresh. Children are not permitted to eat anything during this time that is packaged.

**Interschool sport**

Interschool sport trials will continue this Friday. Permission and medical forms, including payment details, will be distributed to children on Friday. Places in sporting teams will be filled by those who return their \$20 deposit and permission forms by Friday 20<sup>th</sup> February. The remaining money will be due by Friday 27<sup>th</sup> February.

**Alisha Le Brese**

**Swimming Carnival**

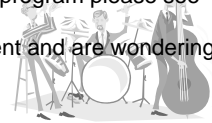
Well done to our representatives at the district swimming trials: **Zoeigh, Eliza, Rebecca, Amelia, Jayarna, Dannielle, Jak and Samuel.**



They all performed to the best of their ability and were excellent ambassadors for our school. **Samuel, Amelia and Rebecca** will continue that role at the regional trials in March. We wish them well.

**Music Notes**

- ♫ Our Instrumental Program is off to a terrific start! The beginner brass and woodwind workshops with Mr Jenkins have been very successful. We still have the following school hire instruments available for year 5 & 6 students: 2 clarinets, 2 flutes, 2 trombones and 1 trumpet.
- ♫ If any year 3 - 7 students have their own violin or cello and would like to participate in our Strings program please see Miss Mac.
- ♫ Students who have their own instrument and are wondering if it's too late to play ~ it isn't too late!!!



**Miss McClintock, Music Teacher**

**Volunteer Drivers Needed**

There is an urgent need for volunteers to transport aged care and disability clients within the Logan City area, driving either an 11 seater to 18 seater company bus or a company car. If you can commit to volunteering minimum 1 day per week, enjoy working with elderly people and have a C class, LR or MR licence. Please contact Volunteering Service, 3208 3568

**Just for Mums... "Care for Yourself"**

We cannot give what we do not have. Self-care is the foundation for caring about others. Life is very hectic and mums are always busy looking after the family needs but a stressed out, emotionally drained parent can't do that. Therefore, it is just as important to look after your own needs too. It is part of good parenting to let your children see that you can feel good about yourself and look after your own needs as well. But how do we manage to recharge our own batteries when it takes so much energy to care for our family?

You are invited to attend a **Care for Yourself** group with other mums focusing on ways to look after yourself by learning and sharing skills in:

- ✓ Communication and Assertiveness
- ✓ Self Care and Self Esteem
- ✓ Time Management and other topics as requested by the group

**Monday 16 February**  
**2 hours per week for 6 - 8 weeks**  
**9am - 11am**

**Roslyn Green, Guidance Office & Joan Burrows YFS**

Rochedale South State School, Wendron Street  
 Rochedale South (in OSHC building)

No cost, but please bring a folder and pen

*If you wish to attend please call the school office on 3341 5133 as soon as possible to reserve your place. Registration is essential and numbers are limited. No more bookings can be taken after 16 February.*

**Child Minding is NOT available**

# LEADERSHIP

During the first weeks of the 2009 school year members of 7D have been discussing Leadership and the associated responsibilities of students who hold specific and non-specific leadership roles. They discussed and agreed that the following list comprised the core of their responsibilities and that ALL students in Year 7 were leaders by the fact they are the senior students of the school with other year levels looking to them for guidance and example.

- Attend school regularly, on time, ready to learn and take part in school activities
- Abide by school rules, wear the school uniform with pride and meet all school task requirements
- Act at all times with respect and show tolerance towards other students and staff
- Work hard and comply with requests or directions from the teacher and principal
- Respect themselves and the school environment

In a brainstorming activity they came up with the following suggestions as to what leadership looks like, feels like, sounds like -

<i>Prompt</i>		<i>Helpful</i>		<i>Involved</i>
	<i>Kind</i>		<i>Confident</i>	<i>Encouraging</i>
<i>Friendly</i>		<i>Caring</i>		<i>Dedicated</i>
	<i>Responsible</i>		<i>Sensible</i>	<i>Smiling</i>
<i>Proud</i>		<i>Listener</i>		<i>Setting example</i>
	<i>Well-mannered</i>		<i>Mature</i>	<i>Role model</i>
<i>Trying hard to succeed</i>		<i>Impartial</i>		<i>Looking after younger students</i>
	<i>Supportive</i>		<i>Volunteer</i>	<i>Honourable</i>
<i>Honest</i>		<i>Reliable</i>		<i>Fund raiser</i>
	<i>Special</i>		<i>Ideas</i>	<i>Organised</i>
<i>Humble</i>		<i>Planned</i>		<i>Grateful</i>
	<i>Committed</i>		<i>Mediator</i>	<i>Hard working</i>
<i>Clear speaker</i>		<i>Risk taker</i>		<i>Enthusiastic</i>
	<i>Happy</i>		<i>Excited</i>	<i>Important</i>
<i>Knowledgeable</i>		<i>Brave</i>		<i>Outgoing</i>
	<i>Modest</i>	<i>Trying your best</i>		<i>Sincere</i>
<i>Well behaved</i>		<i>Uphold SRSS Code of Acceptable Behaviour</i>		<i>Interesting</i>
<i>Always in correct uniform</i>		<i>Respectful</i>		<i>Radiant</i>
	<i>Sometimes radical</i>		<i>Prepared</i>	<i>Open minded</i>
<i>Interesting</i>		<i>Wise</i>		<i>Consistent</i>
	<i>Prepared to step outside comfort zone</i>			<i>Never a bully</i>

Here's to a great 2009 with a group of Year 7 students that shows such a great understanding of LEADERSHIP!